

Please visit the
**NAFA website for
more information on
current projects
and appeals**
www.nafa.org.au

Help needed with teacher salary

Help pay the salary of
Deepak Pandey, Science
teacher at Tawal, for the
next three years.

Deepak is being sponsored by NAFA until the Nepalese government is able to fund more teachers in remote villages.



Deepak demonstrates new science equipment to Tawal students.

Please see website for more details and contact Rod Setterlund at: setterlund@hotmail.com or ph 33661826 if you are interested in supporting Deepak.

NAFA aims to improve the well being of people in Nepal through small development projects and to promote friendship between the people of Australia and Nepal.

Donations to NAFA are tax deductible & 100% of funds raised go directly to Nepal

We would like to share some special moments that have touched us deeply and reaffirm that what we are doing at NAFA, big and small, is worthwhile and making a difference in Nepal.

Thank you for your continued support to make this possible

Solar panels "turned night into day"

NAFA funded solar panels to homes in Patale (Solu Khumbu). This has supplied family members light at night for cooking and studying.

NAFA also funded water infrastructure in Patale, including the installation of a tap outside this family's home. Previously the women had to carry bucket loads of water up to 6 hours a day from the nearby creek at the bottom of the hill. The young mother sometimes had to leave her baby alone while she did these trips as she was not physically able to carry a bucket of water as well as a baby. The installation of this water tap has made a huge difference in the lives of this and many other families.



900 jumpers & 900 beanies



With many thanks to the NAFA Knitters & to the supporters who take the goods to Nepal as excess, NAFA was able to distribute jumpers & beanies at four child care centres, two children's homes and four remote villages, and made many children in Nepal a lot warmer this year. The children's sparkling eyes and their parent's smiles reflected the gratitude and excitement.

NAFA members were told that one mother cried when her child returned home from school that day wearing a new jumper.



Something so simple means so much!

It's all in a Day's Walk

The crucial importance of health care centres in remote villages of Nepal was reinforced to NAFA members when they met a father carrying his injured son in a dhoko (basket) to a health care centre one days walk from the family home. The father and son were from a very poor area in Solu Khumbu and the boy had been injured while helping his father on the farm. The father had his work cut out for him as the son was nearly the same weight & height as him!



The majority of children in Nepal have very little and in many cases ... *nothing*



This young Nepali girl, who lives in a very poor & remote village in Solu Khumbu with her grandparents, was given a doll (handmade by Megan) and it was love at first sight! NAFA does not usually give one-off gifts but sometimes they have "something up their sleeve" for the more destitute of children. It was very touching, and a huge privilege, to watch this little girl's reaction when she was given this precious doll.

This little boy was playing numbers with orange peel ... children in Nepal have to be inventive as usually they have no educational toys or resources like pens, paper & books to assist in their learning. NAFA helps by providing books and other resources to schools.



The new Multi-Purpose Room & Library at Tawal School

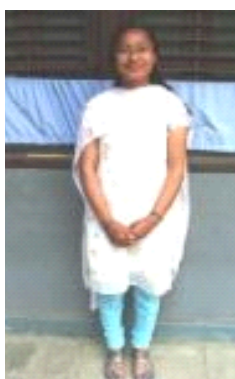
The school's multi-purpose room/library & toilets were officially opened and students were presented with bi-lingual library books. NAFA members were treated to an unforgettable cultural program of dancing, singing, comedy and a traditional 'horse dance'. It was very satisfying to see how much the confidence and skills of the children had grown over the past 5 years. **Right:** Students enjoying the new library books



The Mindamaya Dance



Keshari is studying Nursing under the FEAT program. An appeal went out last year and sufficient money was raised to enable Keshari to start a 3-year nursing course - an opportunity she would not have had without the generosity of these sponsors.



"FEAT for YOUTH"
The program aims to help students in two NAFA supported schools (including one in a remote village) and one children's home, to reach their potential and secure their first job through further education and training.

Hearing Nepal Program

This new program has provided hearing assessment and hearing devices to children and adults at Tawal, VSN School Thimi and Kathmandu.

"Field work" took on a new meaning as Sue and Lew tested the hearing of one little boy on the way to Tawal. At the Tawal health clinic the next day he was fitted with a hearing aid.



Agreni (Krishna) Pun is another young Nepali student who is benefiting from NAFA's FEAT program.

Due to very generous sponsors she is now pursuing her dream to become a pharmacist.



Nepal Health Mega Marathon ... On the 26th & 27th June, Ray Baker,

Kylie Gilbert, Jeff Dunn & Suzanne Chambers walked a combined total of **360kms in 25 hours** at Mt Glorious, west of Brisbane, to raise money for NAFA supported health projects. This money will go towards a remote area cataract eye surgery clinic and other much needed health care services in remote areas of Nepal. Total raised was **\$12,692** including one very generous sponsorship of \$2,000.



Main Fundraisers in 2010

Nepalese New Year Dinner held on May 8 was a huge success with a full house! This annual event brings all NAFA supporters & volunteers together and allows NAFA to showcase its aid projects, its special achievements & its future plans/projects.



The 400 people who attended were entertained by a professional programme of singing & dancing organised by the Nepalese Community. Over **\$13,000** was raised on the night.

Nepal in the Park on Sun Sept 12 was revamped this year to be a Cultural Day & Fundraising Walk. It was a family fun day out with Nepalese dancing, dress, cooking and food, games for the children, handcrafts and prizes. It was a warm sunny day and everyone who attended had a wonderful time. Total raised was **\$8,000** which will go towards remote school infrastructure projects.



Challenge Yourself for Nepal ... This fundraiser was the brainchild of Helen Zada, sponsorship officer for NAFA, to help two disadvantaged students (one from the remote village of Tawal and one from VSN School in Thimi) to undertake a 3 year nursing course through the FEAT program, and ultimately obtain meaningful employment. The challenge was to make a change or give something up for just one month. Total raised was just over **\$3,000**. NAFA hopes that this will become an annual fundraiser.

We hope you enjoyed the first edition of NAFA's planned bi-annual newsletter (feedback is welcome at nafasec@hotmail.com). The next edition (due out mid 2011) will focus on our partners in Nepal and NAFA projects visited from October 2010 to February 2011.

In February 2010, NAFA members trekked to Kophu village in Solu Khumbu to officially open the nearly completed classrooms funded by Kylie Gilbert's **Climb for Children** in 2009 (12 ascents in one day of Mt Cooroor). The school held a program where many students participated in singing and dancing. The money raised has also funded a toilet block at Patale school and other resources at Lumsa school. NAFA members will re-visit these three schools early 2011.



Sincere thanks to all the NAFA supporters and volunteers who helped achieve the many positive outcomes in 2010 for disadvantaged people in Nepal and we look forward to many more successes in 2011!